



Realleader

◆ SM-D & M2 series



جلوران

**Leg Extension SM-D1002**

set-up dimension:1400x1100x1550mm

net weight: 112kg

weight stack: 200lbs/90KG

# 33 SM-D series



پشت پا خوابیده

**Prone Leg Curl SM-D1001**

set-up dimension: 1430x1000x1600mm  
net weight: 140kg  
weight stack: 170LB/76.5KG



پرس پا

**Seated Leg Press SM-D1003**

set-up dimension: 1800x1250x1830mm  
net weight: 212kg  
weight stack: 200lbs/90KG



نشر از طرفین

**Lateral Raise SM-D1004**

set-up dimension: 900x1200x1600mm  
net weight: 100kg  
weight stack: 140LB/63KG



پرس بالا سینه

**Incline Press SM-D1005**

set-up dimension: 1420x1300x1600mm  
net weight: 160kg  
weight stack: 170LB/76.5KG



پروانه / دلتوئید

**Rear Delt/Pec Fly SM-D1006**

set-up dimension: 1410x1520x1600mm  
net weight: 133kg  
weight stack: 150LB/67.5KG



پرس سینه

**Chest Press SM-D1007**

set-up dimension: 1330x1500x1560mm  
net weight: 115kg  
weight stack: 170LB/76.5KGkg



بارفیکس/پارالل کمکی

**Assist Dip Chin SM-D1008**

set-up dimension: 1770x1150x2270mm  
 net weight: 159kg  
 weight stack: 100lb/45KG



خارج ران

**Abductor SM-D1009**

set-up dimension: 1800x900x1550 mm  
 net weight: 195kg  
 weight stack: 120lb/54KGkg



داخل ران

**Adductor SM-D1010**

set-up dimension: 1800x900x1550mm  
 net weight: 195kg  
 weight stack: 120lb/54KG



پشت ران نشسته

**Seated Curl SM-D1011**

set-up dimension: 1600x1350x1600mm  
 net weight: 160kg  
 weight stack: 170lb/76.5KG



باسن

**Glute Isolator SM-D1012**

set-up dimension: 1000x1000x1560mm  
 net weight: 94kg  
 weight stack: 170lb/76.5KG



ساق خم

**Donkey Calf SM-D1013**

set-up dimension: 1940x600x1240mm  
 net weight: 80kg  
 weight stack: 200lb/90KG



پرس پشت بازو

**Seated Dip SM-D1014**

set-up dimension: 1550x1220x1550mm  
net weight: 120kg  
weight stack: 180lb/81KG



جلو بازو

**Biceps Curl SM-D1015**

set-up dimension: 1320x900x1540mm  
net weight: 105kg  
weight stack: 120lb/54KG



زیر بغل T&amp;H

**Seated Row SM-D1016**

set-up dimension: 1500x920x1540mm  
net weight: 105kg  
weight stack: 180lb/81KG



شکم

**Abdominal Isolator SM-D1017**

set-up dimension: 1420x1000x1550mm  
net weight: 101g  
weight stack: 150lb/67KG



سیم کش قایقی

**Seated Low Row SM-D1018**

set-up dimension: 2680x950x2100mm  
net weight: 138kg  
weight stack: 200lb/90KG



سیم کش لت

**Lat Pulldown SM-D1019**

set-up dimension: 1780x1290x2300mm  
net weight: 116kg  
weight stack: 200KG/90KG



كراس نزديك

**Functional Training System SM-D1020**

set-up dimension: 1380x2500x2200mm

net weight: 232kg

weight stack: 240lbs/108KG



كراس اور

**Cross Adjustable Pulley SM-D1021**

set-up dimension: 3700x960x2500mm

net weight: 199kg

weight stack: 240lbs/108KG



پرس سينه نشسته

**Chest Press M2-1001**

set-up dimension: 1500x1450x1880mm

net weight: 129kg

weight stack: 200LB/90KG

# 37 M2 series



نشر از طرفین

**Lateral Raise** **M2-1002**

set-up dimension:1230x1410x1600mm  
net weight: 120kg  
weight stack: 120lbs/54KG



خارج ران

**Hip Abductor** **M2-1003**

set-up dimension:1350x1500x1600mm  
net weight: 125kg  
weight stack: 140lb/63KG



داخل ران

**Hip Adductor** **M2-1004**

set-up dimension:1350x1500x1600mm  
net weight: 125kg  
weight stack: 140lb/63KG



جلو پا

**Leg Extension** **M2-1005**

set-up dimension:1520x1130x1600mm  
net weight: 135kg  
weight stack: 200lbs/90KG



پشت پا خوابیده

**Prone Leg Curl** **M2-1006**

set-up dimension:1400x900x1700mm  
net weight: 145kg  
weight stack: 170lbs/76.5KG



پرس سرشانه

**Seated Shoulder Press** **M2-1007**

set-up dimension:1600x1400x1600mm  
net weight: 130kg  
weight stack: 150lb/63.5KG



شکم کرانچ

**Abdominal Crunch M2-1008**

set-up dimension: 1580x1200x1600mm  
net weight: 141kg  
weight stack: 200lbs/90kg



پرس پا

**Seated Leg Press M2-1009**

set-up dimension: 1900x1200x1600mm  
net weight: 230kg  
weight stack: 180IB/81KG



جلوبازو تک دست

**Seated Biceps Curl M2-1010**

set-up dimension: 1200x1480x1600mm  
net weight: 130kg  
weight stack: 120IB/54KG



پرس پشت بازو

**Seated Triceps Extension M2-1011**

set-up dimension: 1720x1080x1600mm  
net weight: 124kg  
weight stack: 180IB/81KG



پروانه

**Pectoral Machine M2-1012**

set-up dimension: 1450x1550x1600mm  
net weight: 116kg  
weight stack: 170IB/76.5



لت

**Lat Pull Down M2-1013**

set-up dimension: 1800x1180x1950mm  
net weight: 134kg  
weight stack: 180IB/81KG





مولتی هیپ

**Multi Hip M2-1014**

set-up dimension: 1130×1200×1700mm  
net weight: 130kg  
weight stack: 170lbs/76.5kg



زیر بغل T&amp;H

**Seated Row/Rear Delt M2-1015**

set-up dimension: 1600×920×1600mm  
net weight: 135kg  
weight stack: 180lb/81KG



پروانه / دلتوئید

**Pec Fly/Rear Delt M2-1017**

set-up dimension: 1410 × 1520 × 1900mm  
net weight: 145kg  
weight stack: 150lbs/67.5kg



سیم کش قایقی

**Seated Low Row M2-1018**

set-up dimension: 1410 × 1520 × 1600mm  
net weight: 104kg  
weight stack: 200lbs/90kg



ساق ایستاده

**Standing Calf Raise M2-1019**

set-up dimension: 1520×1120×2000mm  
net weight: 72kg  
weight stack: 180lbs/81kg



بارفیکس / پارالل کمکی

**Chin/Dip Assist M2-1020**

set-up dimension: 1600×1100×2270mm  
net weight: 180kg  
weight stack: 100lb/45KG



پهلو چرخشی

**Rotary Torso Rotation M2-1021**

set-up dimension: 1600x950x1700mm  
net weight: 115kg  
weight stack: 170IB/76.5KG



باسن

**Glute Machine M2-1022**

set-up dimension: 1100x1200x1700mm  
net weight: 148kg  
weight stack: 170IB/76.5KG



نیمکت پرس سینه

**Olympic Flat Bench SM-D2001**

set-up dimension: 1680x1300x1300mm  
net weight: 74kg



نیمکت پرس بالا سینه

**Olympic Incline Bench SM-D2002**

set-up dimension: 2020x1300x1500mm  
net weight: 71kg



نیمکت پرس زیر سینه

**Olympic Decline Bench SM-D2003**

set-up dimension: 1725x1300x1300mm  
net weight: 80kg



میز لاری

**Standing Preacher Curl SM-D2004**

set-up dimension: 1467x1120x880mm  
net weight: 80kg

# 41 SM-D series



میز لاری

**Seated Preacher Curl SM-D2005**

set-up dimension: 10200x690x975mm  
net weight: 55kg



شکم قیچی کمکی

**Abdominal Asstst bench SM-D2006**

set-up dimension: 1700x800x860mm  
net weight: 70kg



پارالل شکم خلبانی

**Vertical Kneess Up/ Dip SM-D2008**

set-up dimension: 1295x720x1850mm  
net weight: 75kg



نیمکت شیب پایین متغیر

**Adj. Decline Bench SM-D2009**

set-up dimension: 1385x700x1000mm  
net weight: 45kg



نیمکت شیب پایین ثابت

**Decline Roman Chair SM-D2010**

set-up dimension: 1340x700x875mm  
net weight: 40kg



نیمکت چند حالتی چند منظوره

**Super Bench SM-D2011**

set-up dimension: 1245x700x475mm  
net weight: 38kg



فیله کمر

**Back Extension SM-D2012**

set-up dimension: 1460x830x1080mm  
net weight: 30kg



نیمکت صاف

**Flat Bench SM-D2013**

set-up dimension: 1440x750x450mm  
net weight: 22kg



صندلی چند منظوره

**Multi-Purpose Bench SM-D2014**

set-up dimension: 990x700x100mm  
net weight: 35kg



نیمکت پرس سرشانه

**Olympic Seated Bench SM-D2016**

set-up dimension: 705x1340x1700mm  
net weight: 95kg



رک اسکات چند منظوره

**Squat Rack SM-D2017**

set-up dimension: 1500x1250x1890mm  
net weight: 110kg



مقر صفحه هالتر

**Vertical Plate Tree SM-D2021**

set-up dimension: 650x1450x750mm  
net weight: 26kg



رک چند منظوره

**Power Cage** SM-D2018

set-up dimension: 1520x1320x2200mm  
net weight: 105kg



اسمیت

**Smith Machine** SM-D2023

set-up dimension: 2300x1200x2400mm  
net weight: 190kg



پرس پا خوابیده

**45-Degree Leg Press** SM-D2024

set-up dimension: 2200x1950x1700mm  
net weight: 225kg



هاک پا

**Hack Squat** SM-D2025

set-up dimension: 2310x1750x1260mm  
net weight: 195kg



 **ealleader**  
◆ NHS series



45 **NHS series**



پرس سينه

**Iso-Lateral Chest Press NHS-1001**

set-up dimension: 1700\*1200\*1750mm  
gross weight: 195kgs



پرس بالای سینه

**Iso-Lateral Incline Chest Press NHS-1002**

set-up dimension:1800\*1100\*1650mm  
gross weight: 190kgs



پرس سینه باز

**Iso-Lateral wide Chest Press NHS-1003**

set-up dimension:1450\*1190\*1730mm  
gross weight: 201kgs



زیر بغل T&H

**Iso-Lateral Rowing NHS-1004**

set-up dimension:1200\*1350\*1250mm  
gross weight: 170kgs



زیر بغل

**Iso-Lateral Low Row NHS-1005**

set-up dimension:1380\*1300\*1740mm  
gross weight: 160kgs



لت تک دست

**Iso-Lateral Lat Pull Down NHS-1006**

set-up dimension:1300\*1870\*2000mm  
gross weight: 185kgs



پرس سرشانه

**Iso-Lateral Shoulder Press NHS-1007**

set-up dimension:1600\*1330\*1480mm  
gross weight: 175kgs





پرس پا خوابیده

**Leg Press** **NHS-2001**

set-up dimension: 1330\*2040\*1450mm  
 gross weight: 251kgs



ساق پا

**Calf Raise** **NHS-2003**

set-up dimension: 1330\*1730\*1300mm  
 gross weight: 175kgs



پاسن

**Prone Glute** **NHS-2002**

set-up dimension: 1330\*1120\*1580mm  
 gross weight: 190kgs



 ealleader  
◆ FW series



نیمکت پرس زیر سینه

**Olympic Decline Bench FW-1003**

set-up dimension: 1640x1250x1320mm  
net weight: 80kg



نیمکت پرس سینه

**Olympic Flat Bench FW-1001**

set-up dimension:1800x1260x1320mm  
net weight: 80kg



نیمکت پرس بالا سینه

**Olympic Incline Press FW-1002**

set-up dimension:1830x1260x1500mm  
net weight: 75kg



میز جلو بازو لاری

**Seated Arm Curl FW-1004**

set-up dimension:1440x800x1100mm  
net weight: 76kg



T - بار

**T-Bar Row FW-1005**

set-up dimension:2620x990x540mm  
net weight: 60kg



میز فیله

**Hyperextension FW-1006**

set-up dimension:1460x760x1080mm  
net weight: 45kg

# 51 FW series



نیمکت شکم کمکی

**Assist Abdominal Bench FW-1007**

set-up dimension: 1340x800x860mm  
net weight: 50kg



صندلی چند منظوره

**75-Degree Bench FW-1008**

set-up dimension: 1140x680x1040mm  
net weight: 25kg



نیمکت صاف

**Flat Bench FW-1009**

set-up dimension: 1550x570x450mm  
net weight: 25kg



T - بار خوابیده

**Lying T-Bar Row FW-1011**

set-up dimension: 2170x1140x1190mm  
net weight: 60kg



نیمکت شیب پایین

**Adjustable Abdominal FW-1012**

set-up dimension: 1700x700x850mm  
net weight: 35kg



نیمکت چند حالتہ چند منظورہ

**Adjustable Bench FW-1013**

set-up dimension: 2620x990x540mm  
net weight: 60kg



مقر میله ہالتر

**Barbell Rack FW-1014**

set-up dimension: 760x840x1280mm  
net weight: 40kg



مقر دمبل

**Dumbbell Rack-Double FW-1015**

set-up dimension: 2300x600x790mm  
net weight: 50kg



مقر صفحہ ہالتر

**Plate Rack FW-1016**

set-up dimension: 740x740x780mm  
net weight: 50kg



ساق پا نشستہ

**Seated Calf raise FW-1017**

set-up dimension: 1340x800x860mm  
net weight: 50kg



رک چند منظورہ

**Squat Rack FW-1018**

set-up dimension: 1680x1590x1730mm  
net weight: 105kg

53 FW series





**Realleader**  
◆ FM series





دو کابلی با قابلیت تنظیم فرقره

**Dual Adjustable Pulley FM-1002**

set-up dimension: 1220x2580x2330mm

net weight: 218kg

weight stack: 360lbs/162kg



دو کابلی

**Dual Adjustable Pulley FM-1001**

set-up dimension:1220x2580x2330mm  
net weight: 215kg  
weight stack: 240IB/108KG



اسمیت

**Smith Machine FM-1010**

set-up dimension:2310x1300x2400mm  
net weight: 245kg



جنگل جیم

**Multi Jungle 8 Stack FM-1007**

set-up dimension:4850x3400x2230mm  
net weight: 378kg  
weight stack: 1260IB/567KG



چند کاره تمرینی با بازوی متحرک

**Moveable Arm Functional Trainer FM-1003**

set-up dimension:1620mmx1180mmx1780mm  
weight stack: 298lbs/135kg



کراس اور

**Cable Crossover** **FM-1008**

set-up dimension: 3740x630x2370mm

net weight: 195kg

weight stack: 240IB/108KG



اسمیت

**Smith Machine** **FM-1011**

set-up dimension: 2310x1300x2400mm

net weight: 239kg



پرس پا ۴۵ درجہ

**45-Degree Leg Press** **FM-1024A**

Set-up dimension: 2450x1320x1500mm

Net Weight: 198kg



ہاک پا

**Hack Squat** **FM-1024B**

set-up dimension: 2450x1320x1500mm

net weight: 198kg



پرس پا ۴۵ درجه

**45-Degree Leg Press FM-1024C**

set-up dimension: 2200x1520x1480mm  
net weight: 230kg



هاک پا

**Hack Squat FM-1024F**

set-up dimension: 2300x1870x1120mm  
net weight: 225kg



تمرینی چند کاره با بازوی متحرک

**Jugle Machine FM-2002**

set-up dimension: 1270x1200x1950mm  
weight stack: 180lbs/81kg



پرس پا ۴۵ درجه

**45-Degree Leg Press FM-1024D**

set-up dimension: 2200x1850x1570mm  
net weight: 255kg



**Realleader**

◆ DF series



دو کاره لت / قایقی

DF - 1004



DF - 1001A مولتی پرس / پرس سینه / بالاسینه / سرشانه



DF - 1002 دو کاره جلو بازو / پشت بازو



DF - 1003 دوکاره پروانه / دلتوئید



DF - 1006 دو کاره دلتوئید / زیر بغل



DF - 1005 دو کاره شکم / فیله کمر



DF - 1007 دو کاره پرس پا / ساق پا



DF - 1008 دو کاره داخل / خارج ران



DF - 1009 دو کاره جلو / پشت پا



DF - 2001 دو کاره هاک / پرس پا